

# Woodstock Rehabilitation Clinic

## Woodstock Rehabilitation Clinic



### Located at:

333 Athlone Ave. Unit # - 110

Woodstock, ON - N4V 0B8

519-421-4224

Free Parking available



PHYSIOTHERAPY ~ MASSAGE THERAPY ~ KINESIOLOGY ~ PHYSIATRY ~ SPORTS INJURY MANAGEMENT ~ GUNN IMS ~ ACUPUNCTURE ~ ERGONOMICS AND EDUCATION FUNCTIONAL CAPACITY EVALUATIONS ~ CONCUSSION MANAGEMENT SERVICES

The Woodstock Rehabilitation Clinic is owned and operated by Woodstock General Hospital. It is primarily a private physiotherapy clinic which offers a variety of professional services. The fees associated with the services are paid through extended health benefits, auto insurance, W.S.I.B., OHIP (physicians only), employers or self pay.



### Physiotherapy

Staff provide thorough assessment and treatment programs for all orthopaedic injuries, such as sprains, strains, neck & back disorders, pre and post-operative conditions, and fractures. We incorporate several treatment practices including mobilization and manual therapy, acupuncture, electrotherapy/heat/cold, progressive exercise and muscle imbalance programs.

### Kinesiology

Certified staff Kinesiologists can develop individualized health and fitness programs. Additionally, we can provide individuals with helpful suggestions to modify work stations or the home environment to reduce work-site stress.

### Massage therapy

Can alleviate or prevent soft tissue discomfort and injury by preparing the tissues prior to and after activities. Massage promotes healing and remodeling of the soft tissues as well as enhancing the well being of the client.

### Physiatry

A Physical Medicine and Rehabilitation Specialist, specializes in restoring optimal function to people with injuries of the muscles, bones, soft tissues and nervous system.

### Ergonomics

The Woodstock Rehabilitation Clinic provides on-site work station evaluations. This service is performed by certified Kinesiologists with post-graduate education in ergonomics. A comprehensive report identifying problem areas, realistic modifications, and short and long term goals is provided following the assessment.

The clinic also provides on-site educational programs to workers. This could include safe lifting and working techniques adapted specifically to your work environment. Functional Capacity Evaluations are available by experienced, qualified professionals.

### Concussion Management Services

The Woodstock Rehabilitation Clinic became a Certified Provider of Concussion Management Services by Shift Concussion Management ([www.shiftconcussion.ca](http://www.shiftconcussion.ca)) in the spring of 2015. Concussion related services include clinical assessment of concussion, baseline / pre-season testing, vestibular and oculomotor screening, cognitive assessment, concussion rehabilitation strategies, physical exertion testing and return-to-play advice.

### Other Services

## Woodstock Sports Medicine

A sports injury clinic is offered at the Woodstock Rehabilitation Clinic by Dr. Kevin R. Willits, MD, FRCSC, Assistant Professor at UWO and Orthopaedic Surgeon at Fowler Kennedy Sports Medicine Clinic.

This clinic has been developed to offer local elite/recreational athletes and performing artists the opportunity for early access to medical attention. For more information on the sports medicine clinic offered at the Woodstock Rehabilitation Clinic, please call (519) 421-4250.